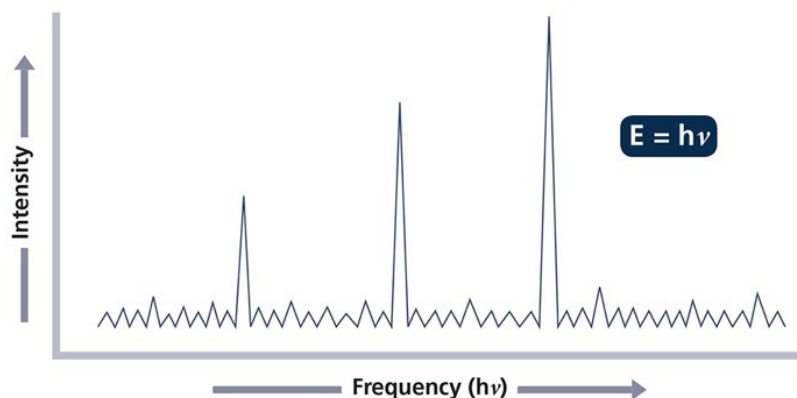


The Quantization of Personal Transformation

I. Introduction

The word quantum is defined as a discrete quantity of energy—both as a wave and a particle—The wave-particle duality (Max Planck, Albert Einstein, Louis de Broglie, and many other scientists of the quantum era.) Hence a typical spectrum of “something” is a common depiction of this phenomenon, as shown below.



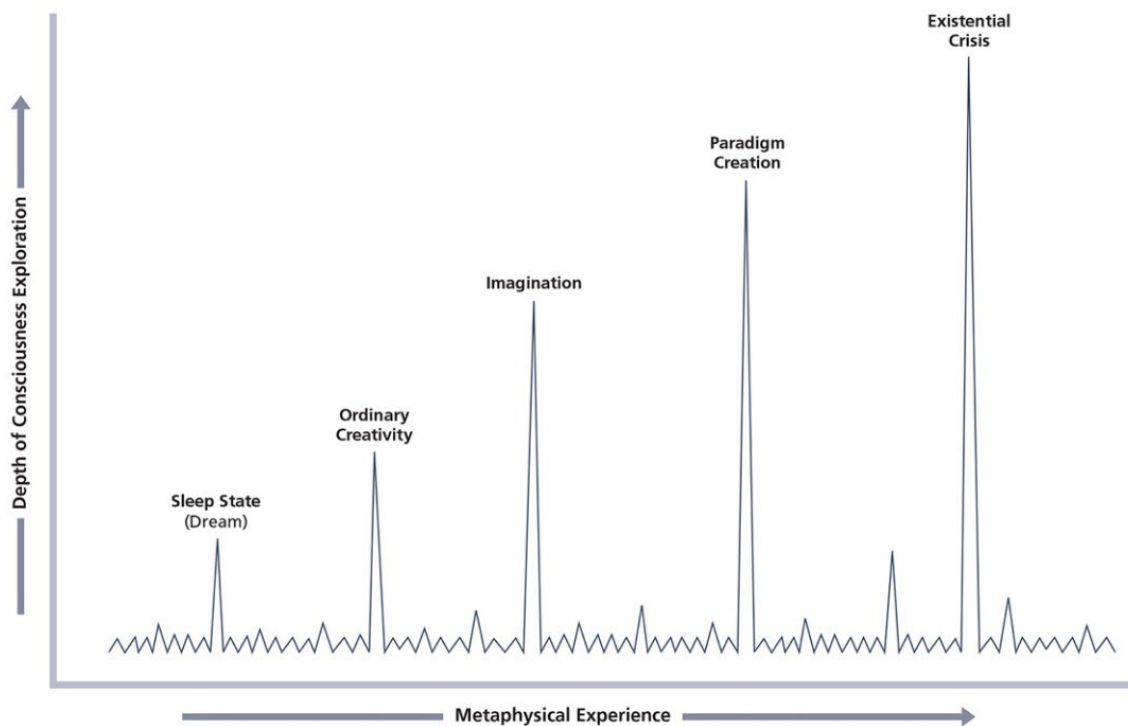
These discrete peaks occur as a repeatable frequency pattern corresponding to a specific substance. This general application is used for the identification of an unlimited number of atoms, molecules, and substances since they all have specific frequencies and patterns.

So, the thought “popped” into my mind (not my head), ‘I wonder if I might apply this principle to different types of “creative phenomena” that I and countless others have **experienced**? Some experiences were routine, like adding a mystery spice to a meal or life-changing when I abruptly resigned from my university position at the peak in my career to pursue a deeper understanding of myself; which led to a more in-depth **perception** of the motivations of others. The former, I would describe as **ordinary creativity** and the latter, a mild **existential crisis**—a crisis of being as a person.

These two experiences are significantly different in terms of the impact on me as a person and subsequently my perception of myself and my environment (reality). A distinct “irreversible change” occurred that I learned called **personal transformation**-“*walking through a door that disappears when you walk through it.*” Between those two extremes, there were other discrete phenomena that all appeared to be part of a pattern of irreversibility. By discrete, I mean a variety of these life-changing experiences had different levels of impact of how my life changed and subsequently, how I adapted to my day-to-day experiences. I remember distinctly when I had a realization, from nowhere, that if I chose to live my life driven by my **passion**, then work and play would become a meaningless distinction! I want to emphasize that this realization is NOT earth-shattering, there are numerous people who had this realization centuries ago! For me, at that time, it was a revelation!

So, I decided to display these experiences along a spectrum (as a pattern), occurring with different levels of impact of self-understanding and an expanded perception of my life experiences. The important point I want to make again is that the experiences I have been describing are more common than is generally acknowledged—for obvious reasons. Therefore, there is nothing “special” about them. These occurrences have been around forever, and certainly longer than what we call modern science, psychology, or psychiatry! Simply stated by “Socrates, the ancient Greek philosopher, **Know thyself**. He means that knowledge begins with self-discovery. Metacognition is knowing how we know.Oct 7, 2012 (quote Google search)”

Therefore, a spectrum of “creative experiences” might be depicted as a suggested degree of irreversible change a person subsequently experiences. Remember, Picasso is quoted to have written, “**The act of creation is simultaneously the act of destruction.**” Destruction (or more likely an integrated modification) of a self-limiting belief. Such experiences might be called “metaphysical” since they are not sourced from nor extensions of the five physical senses. They are beyond them. Such a spectrum is shown below.



The Aftermath of Transformation

After a creative metaphysical experience, an individual’s thinking or more precisely, her or his “perception of reality” is significantly expanded and becomes more holistic. This is a major objective of quantum-thinking, as a competency.

An individual also experiences expanded understanding, empathy, and compassion for what other humans experience—from an empowered perspective of a relationship of human equality.

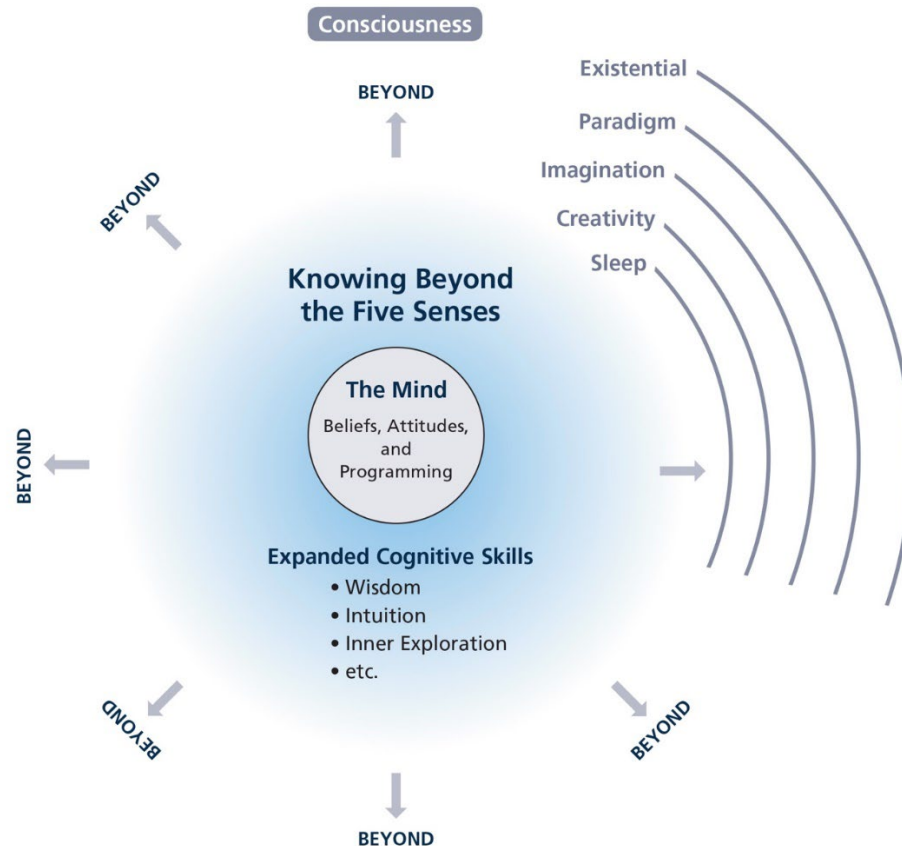
The individual is more open to **consciousness exploration** of other discrete creative experiences like imagination, holistic understanding, insight, and other perceptions that others don’t naturally experience or perceive. This is the essence of what Quantum-Thinking is all about. The figure below illustrates the exploration of consciousness for whatever type of creative solution one might require simply by a “sleep-state request.” Exploration is captured by the following quote:

“the way in is also the way out.”

Bill Guillory

Quantum-Thinking is the most powerful leadership competency in today's unpredictable world! And is the evolution of Inclusive Leadership.

Personal Consciousness and Beyond Diagram



A Quantum-Thinker

In essence, a quantum-thinker:

- is dominantly an explorer of learning rather than a settler;
- is undeterred by those who seek the comfort of group-think;
- seeks the “creative tension” necessary for extrasensory, metaphysical experiences;
- embraces moving beyond self-limiting barriers to higher-level creativity, innovation, and exploration; and

- masters the sleep-state for lucid dreaming, unlimited exploration, and paradigm creation. (Niels Bohr; planetary model of the atom)

These descriptors characterize an individual who practices the “road less travelled,” as a way of life, (book by M. Scott Peck) and a high-level of integrity and respect. One purpose of this conversation is to begin filling the road with travelers such that it turns into a four-lane highway in one direction! The next post: Quantum-Thinking is the seminal competency for achieving an in-depth understanding of Consciousness—the source of our expressed reality.